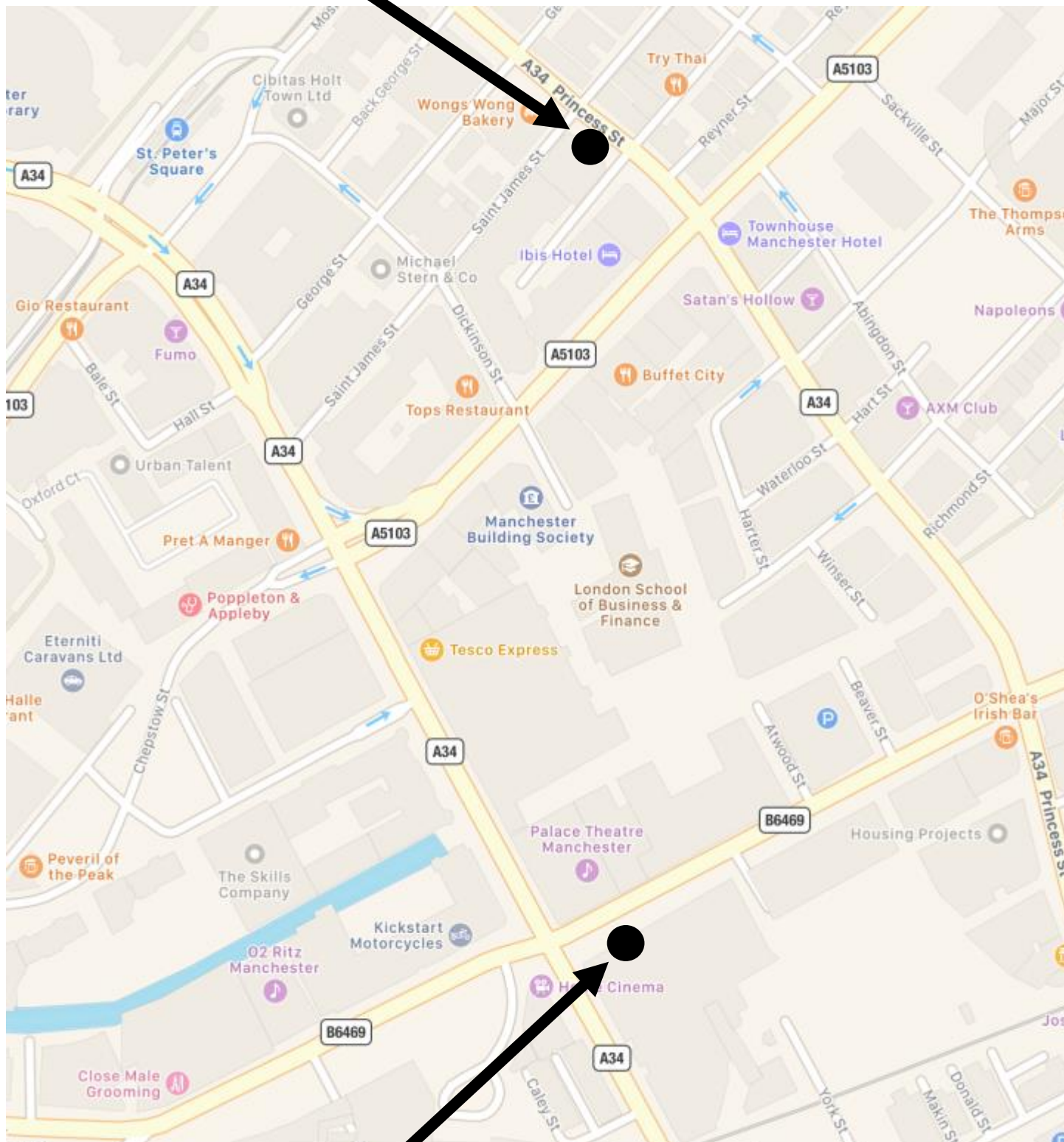


# MiST Meal

## 8:30 Yang Sing Restaurant.

Short walk from Refuge even in this weather!!



## 7:30 'The Refuge' – Bar under 'The Palace Hotel'.

All buses on Oxford Road heading north will stop outside Palace Hotel. Very short Taxi ride.